

Swimming New Zealand Zonal Championships

Swimmer Profile

Name: Sarah O'Connor	Age: 16
Club: Karori Pirates	Coach: Steve Francis
About Sarah	
Greatest achievement in swimming:	
Winning the age and open gold medal at Wellington Champs at age 15 in 100 BK	
Also breaking Wellington records in 100 and 200 BK in that year	
Winning the age and open gold medal at Wellington Champs in 200 BK 2015	
Silver medals in both NAGS and NZ Short course for BK	
Major goals for the next 2 years:	
Progress with swimming – achievement of gold at NAGS and NZ Short Course Making a NZ team	
Interests:	
Swimming, playing piano, music, coaching netball,	

School/University/subjects/company/position?

Wellington Girls College Year 12 - Doing science subjects physics, chem, bio, maths and stats



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What New Zealander inspires you the most & why?

My mum as she has given a lot of time and effort to support myself through my activities.